



australianhand
therapyassociation^{inc.}

AHTA 2019

National Conference
To extremity and beyond

18 – 20 October 2019

Pullman King George Square
Brisbane, Queensland

Invited International Speaker

A/Prof Elisabet Hagert

CEO, Arcademy at Queen Sophia Hospital,
Stockholm, Sweden

Artwork by AHTA Member Trudie Diserens

www.ahtaconference.com.au


PROGRAM

Pre Conference: Thursday 17th October 2019

8.00 – 8.30am	Registration and Arrival Tea and Coffee	Grand Windsor Ballroom Foyer
8.30am – 5.00pm	Clinical Reasoning for Upper Limb Hypertonicity Management in Clients with Brain Injury: A Focus on Splinting and Casting - Dr Jodie Copley	King George Room
8.30am	Workshop commences	
10.30 – 11.00am	Morning Tea	
12.30 – 1.15pm	Lunch	
3.00 – 3.15pm	Afternoon tea	
5.00pm	Workshop concludes	

Conference Day 1: Friday 18th October 2019

7.30 – 8.30am	Registration and Arrival Tea and Coffee	Grand Windsor Ballroom
	SESSION 1 SPONSORED BY:  <i>Session Chair: Christina Harwood</i>	Presidential Ballroom
8.30 – 8.35am	Welcome to Country - Shannon Ruska	
8.35 – 8.50am	Welcome to Conference/AHTA President's Welcome - Christina Harwood & Lara Griffiths	
8.50 – 9.40am	INTERNATIONAL KEYNOTE LECTURE: Proprioception - To the Wrist & Beyond - Dr Elisabet Hagert	
9.40 – 10.10am	INVITED SPEAKER: Wrist Surgery & Beyond - Dr Greg Couzens	
10.10 – 10.40am	EXPERT PANEL DISCUSSION: What Next for the Wrist? - Dr Elisabet Hagert, Dr Greg Couzens, Christina Harwood & Dr Rosemary Prosser	
10.40 – 11.10am	Morning Tea & Trade Exhibition	Grand Windsor Ballroom
	SESSION 2 <i>Session Chair: Mary Mitchell</i>	Presidential Ballroom
11.10 – 11.25am	INVITED SPEAKER: Elbow Injuries in the Athlete, Strategies for Safe Return to Activity - Dr Steven Frederiksen	
11.25 – 11.40am	INVITED SPEAKER: Isometric Exercise – A Fad or Favourable Treatment for Lateral Elbow Tendinopathy? - Dr Brooke Coombes	
11.40 – 11.50am	SCIENTIFIC PAPER: Cross-sectional Study of Pain Comorbidity, Somatosensory & Psychosocial Features in Severe Persistent Lateral Elbow Tendinopathy - Viana Vuvan	
11.50 – 12.00pm	CLINICAL PAPER: Survey on the Use of Mobilizing Orthoses in the Management of Post-traumatic Elbows in Australia - Germaine Sim	
12.00 – 12.30pm	INVITED SPEAKER: Reflections on Becoming a Culturally Safe Hand Therapist: Strategies for Practice - Dr Alison Nelson	
12.30 – 12.45pm	INVITED SPEAKER: Selfcare, Wellbeing & Burnout Prevention - Dr Vinh Tran	
12.45 – 1.00pm	Question Time	

1.00 – 2.00pm		Lunch & Trade Exhibition			Grand Windsor Ballroom
1.15 – 1.45pm	LUNCHTIME WORKSHOP: Treating Ulnar Carpal Problems & Splinting for Rotation – <i>Sponsored by</i> 		LUNCHTIME WORKSHOP: Orfit Workshop– <i>Sponsored by</i> 		
	Room: Washington		Room: King George		
SESSION 3: CONCURRENT SESSIONS					
2.00 – 3.30pm	CONCURRENT SESSION 1 <i>Session Chair: Jo O'Sullivan</i> Room: Lincoln	CONCURRENT SESSION 2 <i>Session Chair: Trudie Diserens</i> Room: Kennedy	CONCURRENT SESSION 3 <i>Session Chair: Colette Zemlijic</i> Room: Roosevelt	CONCURRENT SESSION 4 <i>Session Chair: Cassandra Chiesa</i> Room: King George	CONCURRENT SESSION 5 <i>Session Chair: Erika Lassig</i> Room: Washington
	Wrist Instability Dr Elisabet Hagert	Radiology Update: Value of Ultrasound, MRI & Dynamic CT Dr Nick Daunt <i>AHT Members Only</i>	Management of Scar and Oedema in Trauma & Surgical Care - Exploring Innovative Conservative Management Techniques Angela Thynne	Hand Therapy in Business Leadership - How to Optimise Your Team Dr Vinh Tran Lessons in Recruitment Jock Fairweather Financial Management for Entrepreneurs or Small Business Amy Geach	Therapist Wellness Team Wellness - Why it Matters & How to Get Started Dr Shahina Braganza More knowledge does not mean more wisdom: what can the science of adult development teach us about living more purposefully and consciously Alis Anagnostakis Neurophysiology of Anxiety & Stress, & How to Manage It Dr Deb Worboys
3.30 – 4.00pm		Afternoon Tea			Grand Windsor Ballroom
SESSION 4: CONCURRENT SESSIONS					
4.00 – 5.30pm	CONCURRENT SESSION 1 <i>Session Chair: Olga Alkin</i> Room: Lincoln	CONCURRENT SESSION 2 <i>Session Chair: Barb Popp</i> Room: Kennedy	CONCURRENT SESSION 3 <i>Session Chair: Kristy Pritchard</i> Room: Roosevelt	CONCURRENT SESSION 4 <i>Session Chair: Anita Clerke</i> Room: King George	CONCURRENT SESSION 5 <i>Session Chair: Kerry Stingel</i> Room: Washington
	Wrist Instability Dr Elisabet Hagert	Radiology Update: Value of Ultrasound, MRI & Dynamic CT Dr Nick Daunt <i>AHTA Members Only</i>	Management of Scar and Oedema in Trauma & Surgical Care - Exploring Innovative Conservative Management Techniques Angela Thynne	Hand Therapy in Business Leadership - How to Optimise Your Team Dr Vinh Tran Lessons in Recruitment Jock Fairweather Financial Management for Entrepreneurs or Small Business Amy Geach	Therapist Wellness Team Wellness - Why it Matters & How to Get Started Dr Shahina Braganza More knowledge does not mean more wisdom: what can the science of adult development teach us about living more purposefully and consciously Alis Anagnostakis Neurophysiology of Anxiety & Stress, & How to Manage It Dr Deb Worboys
5.30 – 6.30pm		Welcome Reception			Grand Windsor Ballroom

Conference Day 2: Saturday 19th October 2019

6.15 – 6.45am	Optional Scenic Morning Walk around Brisbane Meet in hotel foyer at 6.00am	Optional Morning Yoga – Pullman Rooftop Meet in hotel foyer at 6.00am	
8.00 – 10.00am	AHTA AGM & Light Breakfast		Presidential Ballroom
10.00 – 10.30am	Morning Tea & Trade Exhibition		Grand Windsor Ballroom
	SESSION 5 <i>Session Chair: David Coles</i>		Presidential Ballroom
10.30 – 11.20am	Founder's Lecture - Dr Celeste Glasgow		
11.20 – 11:50am	INTERNATIONAL KEYNOTE LECTURE: The Scratch Collapse Test - Dr Elisabet Hagert		
11.50 – 12.10pm	INVITED SPEAKER: Chronic Pain: Beyond the Extremity - Dr Karl Bagraith		
12.10 – 12.20pm	CLINICAL PAPER: Adhesive Capsulitis of the Shoulder & Mirror Box Therapy - Mikayla Southam		
12.20 – 12.30pm	SCIENTIFIC PAPER: Do Patients Attending Public Health Hand Therapy Following Wrist Injury Show Improvement in Upper Limb Function, Grip Strength, Pain, & Conscious Wrist Sensorimotor Function After an 8 Week, Group Based Sensorimotor Rehabilitation Program? - Lauren Hedge		
12.30 – 12.40pm	Question time		
12.40 – 1:40pm	Lunch & Trade Exhibition		Grand Windsor Ballroom
1.00 – 1.30pm	LUNCHTIME WORKSHOP: AHT Mentorship - How to be a great Mentor! (AHT Members only) Room: Presidential Ballroom	LUNCHTIME WORKSHOP: Orfit Workshop - Sponsored by ottobock. Room: King George Room	LUNCHTIME WORKSHOP: OAPL- Functional Solutions for Partial Digit Amputees - Sponsored by +oapl. Room: Washington Room
	SESSION 6 <i>Session Chair: Barb Watson</i>		Presidential Ballroom
1.40 – 2.00 pm	INVITED SPEAKER: Upper Limb Orthopaedics for the Management of Paediatric Upper Limb Hypertonicity: Surgical Approaches - Dr Trevor Gervais		
2.00 – 2.15 pm	INVITED SPEAKER: Upper Limb Orthopaedics for the Management of Paediatric Upper Limb Hypertonicity: Assessment & Rehabilitation - Melinda Lewis		
2.15 – 2.35pm	INVITED SPEAKER: Back to Basics: Wound Healing, the Reconstructive Ladder, & Skin Cancer in the Hand - Dr Rebecca Won		
2.35 – 2.45 pm	SCIENTIFIC PAPER: A Smarter 3D Printed Prosthetic Hand with Steel Grasp/Release Mechanism? Results from a Pilot Study - Lisa O'Brien		
2.45 – 2.55pm	CLINICAL PAPER: Using What We Know, Better: Targeted Hand Therapy Treatment Following Surgical Intervention for Dupuytren's Disease - Rosie House		
2.55 – 3.05pm	CLINICAL PAPER: A 10 Year Review of Outcomes Following Needle Aponeurotomy for Dupuytren's Disease - Karen Burford		
3.05 – 3.20pm	INVITED SPEAKER Importance of Note Taking from a Legal Perspective - Andrew McKenzie – Principal Lawyer, Maurice Blackburn Lawyers		
3.20 – 3.30pm	Question Time		

3.30 – 4.00pm	Afternoon Tea & Trade Exhibition	Grand Windsor Ballroom
3.40 – 4.00pm	AFTERNOON MEETING: Public Hand Therapy Practitioners Meeting	King George Room
	SESSION 7	Presidential Ballroom
	<i>Session Chair: Bhavana Jha</i>	
	Live Stream Wrist Dissection - Dr Libby Anderson & Dr Kevin Huang	
7.00 – 11.00pm	AHTA Conference Party - Buses depart from the Pullman Lobby at 6.45pm	The Fox Hotel
Conference Day 3: Sunday 20th October 2019		
8.00 – 8.30am	Arrival Tea & Coffee	Grand Windsor Ballroom
	SESSION 8	Presidential Ballroom
	<i>Session Chair: Carla Bingham</i>	
8.30 – 8.50am	INVITED SPEAKER: Complex Finger Fractures - Prof Randy Bindra	
8.50 – 9.10am	INVITED SPEAKER: Fracture Fixation - Dr Greg Couzens	
9.10 – 9.40am	EXPERT PANEL: CMC OA - Prof Randy Bindra, Dr Elisabet Hagert, Dr Greg Couzens, A/Prof Anne Wajon & Wilma Walsh	
9.40 – 9.50am	INVITED SPEAKER: A Clinician & Beyond: Launching Yourself into the Research Space - Dr Lauren Miller	
9.50 – 10.00am	SCIENTIFIC PAPER: Outcome Following Conservative Management of Metacarpal Shaft Fractures - Brent Byrne	
10.00 – 10.10am	CLINICAL PAPER: Early Active Vector Adjustable Skin Traction for Phalangeal Fractures - Jason Fairclough	
10.10 – 10.20am	SCIENTIFIC PAPER: The Comparison Between Thermoplastic & 3D Printed Figure of 8 Finger Splint in a Healthy Cohort of Participants - Pearse Fay	
10.20 – 10.30am	Question Time	
10.30 – 11.00 am	Morning Tea & Trade Exhibition	Grand Windsor Ballroom
	SESSION 9	Presidential Ballroom
	<i>Session Chair: Amanda MacKillop</i>	
11.00 – 11.15am	INVITED SPEAKER: Overload & Recovery - Chris Weier	
11.15 – 11.30am	INVITED SPEAKER: Environmental Sustainability in Health - Ngairé McGaw	
11.30 – 11.55am	Tips & Tricks	
11.55 – 12.05pm	Question Time	
	ANNOUNCEMENTS & AWARDS	
12.05 – 12.15pm	2020 Conference Announcement	
12.15 – 12.25pm	Awards & Prizes	
12.25 – 12.30pm	Official Close of Conference	
12.30 – 1.30pm	Lunch	Grand Windsor Ballroom

**Program correct at time of printing and subject to change without notice.